



# Queen of the South F.C. Ltd.



**Palmerston Park,  
Dumfries  
Scotland  
DG2 9BA**

**Chairman : W. J. Hewitson  
Vice Chairman : C. Paterson  
Director : J. McLinden**

**Colours: Royal Blue and White**

**Tel No** ☎ (01387) 254853

**Fax No** 📠 (01387) 240470

**E Mail:** [admin@qosfc.com](mailto:admin@qosfc.com)

**COMPANY REGISTRATION No. SC12085**

**VAT REGISTRATION NO. 263.6940.40**

## **Job Advert: Physiotherapist**

**Position:** Physiotherapist

**Location:** Queen of the South Football Club

**Type:** Full-time

**Salary:** DOE

### **About Us:**

Queen of the South is a professional football club dedicated to providing top-quality care and support to our players. We are currently seeking a motivated and skilled Physiotherapist to join our team.

### **Description of Duties-**

- To work and lead the Medical Department in the assessment, treatment and monitoring of injuries to Queen of the South FC players.
- Develop rehabilitation programs for long-term injured players
- Co-ordinate injury pre-rehabilitation and re-rehabilitation programs of players
- Work closely with other specialists and the Sports Scientist especially in the prehabilitation and injury rehabilitation of players.
- Communicate with coaches regarding progress of injured players on a regular basis.
  - Attend all First Team matches, to perform duties
- Other physiotherapy/massage duties as directed and required.
- Taping and acupuncture qualifications and experience are desirable.

### **Key Responsibilities-**

#### **1. Injury Assessment and Treatment:**

- Conduct thorough assessments of injuries sustained by Players
- Provide immediate and ongoing treatment for sports-related injuries.
- Develop and implement individualized rehabilitation programs.

#### **2. Rehabilitation and Recovery:**

- Design and oversee rehabilitation plan for injured Player, aiming for timely and safe return-to-play protocols.
- Monitor progress and adjust treatment plans accordingly.

#### **3. Preventive Care and Education:**

- Develop and implement injury prevention strategies.
- Educate athletes on proper warm-up techniques, injury prevention exercises, and lifestyle modifications to reduce injury risks.
- Collaborate with coaching staff to design training programs that minimize injury occurrence.

#### **4. Documentation and Communication:**



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- Maintain detailed and accurate records of assessments, treatments, and rehabilitation progress.
- Communicate regularly with medical staff, coaches, and management regarding player injury status and return-to-play readiness.

## **5. Emergency Response:**

- Be prepared to provide immediate care in case of on-field injuries or emergencies.
- Administer first aid or emergency treatments when required.

## **Qualifications:**

- Relevant Qualifications Required
- Experience working with sports teams or athletes is preferred.
- Strong clinical assessment and diagnostic skills.
- Excellent communication and interpersonal abilities.
- Ability to work under pressure and in a fast-paced environment.

**Closing Date 20th February 2025**

Applications with relevant CV should be submitted to Dan Armstrong, Chief Executive Officer, Queen of the South Football Club, Palmerston Park, Terregles Street, Dumfries, DG2 9BA or email [dan.armstrong@qosfc.com](mailto:dan.armstrong@qosfc.com)